



Chris Pollington

CMIOSH

MIIRSM

Current Position

Chris is a full time Principal Health & Safety Consultant whose role within C&T Safety Consulting and Training is helping businesses manage their health and safety responsibilities and undertaking health and safety training. With a background in manufacturing and construction safety he delivers courses both in house and at open venues. Chris works on an associate basis with some of the best training providers nationwide delivering a wide range of courses. Chris is approved for IOSH and NEBOSH course delivery at all levels.

Professional Background

Chris has a production management background spending 10 years working for The Body Shop at its head office site in West Sussex undertaking various management roles, key areas were the Warehouse, Gift Production, and Internal Moulding, giving him a wide range of management experience. In 1995 he joined the health & safety department and started a career in safety working within the team as a safety advisor. In 1998 the company sold its manufacturing side to Creative Outsourcing Solutions International (COSI) where he took on the lead safety role having completed his NEBOSH qualifications whilst in his previous job.

Due to a shrinking role caused by more outsourcing he decided in 2002 to move on to a consultancy role within a construction company, although not having a construction background he joined an organisation that took him on a steep learning curve where he was working on a number of CDM projects within the team, as time went on he took the lead on more projects, in early 2003 the parent company of the consultancy went into liquidation, this forced the very buoyant consultancy to close. He was asked to join another consultancy and took a number of key clients with him who had remained loyal due to the professional services they had received; he then spent 3 years working as business manager for health and safety within the organisation, his main role there was working within the CDM arena for large clients within the food, drink and pharmaceutical industries.

After spending a number of years at the sharp end of safety he decided in 2006 to join Corporate Health & Safety Solutions Ltd (CHSS) as a consultant, CHSS became part of Santia where he undertook the role of Senior Health & Safety Consultant having progressed in his teaching from the smaller courses through to teaching NEBOSH diploma courses and has also gained experience teaching international accredited courses in a number of different countries.

In 2015 Chris joined the growing team at Astutis as a Health & Safety Consultant, this involved both consultancy for organisations such as Knight Frank and Pinewood film studios. During this period Chris was one of the key team of consultants teaching the NEBOSH diploma for Astutis. In 2018 Chris moved from West Sussex into rural Lincolnshire and started undertaking a lot more work with clients such as Rolls Royce, Siemens, Bombardier and was the lead trainer and often developer of the very specific courses that those organisations required.

Chris was made redundant during the 2020 Coronavirus pandemic and took the opportunity to start his own business C&T Safety Consulting and Training where he is the Principal Consultant.

Areas of Expertise

Chris has a good working knowledge of a wide range of manufacturing operations gained during his career along with an extensive knowledge of the CDM regulations. In terms of training he regularly gets very high scores in terms of both pass rates of delegates on accredited courses and good personal feedback.

Professional Qualifications

NEBOSH Diploma in Occupational Safety & Health
City & Guilds 7306 Adult & Further Education Teaching Certificate

Professional Bodies

CMIOSH Chartered Member of Institution of Occupational Safety & Health
MIIRSM Member of the International Institute of Risk and Safety Management